

MINT Collegial Consultation

Goal:

These modes of reflection about the case may help to

- gain distance, emotionally and cognitively
- -escape from routines
- switch to different perspectives of the problem
- gain sympathy with "impossible" problem solving methods
- reach "new" dimensions of action.

Roles:

1. Protagonist (Person who is reporting his/her problem)
2. Moderator (Person who cares for negotiation and time)
3. Reporter (Person who writes down the suggestions)
4. One or more Groups of colleagues

Process:

5. The protagonist tells his/her case or problem
6. The rounds are moderated by the moderator.
7. The Reporter writes down the suggestions.
8. In the end the protagonist gets the written report for further work with it.

a) Clarifying the case

Each group may ask no more than one informative questions to the case (if there is just one group it asks three informative questions)

b) Solving the problem

Each group gets one of the modes for problem solving. Or alternatively each group can provide all modes from the list.

Modes of case negotiation and problem solving

- Give good advice
- Give paradox advice ("You should really turn to.....")
- Making the situation worse ("If you want things running worse")
- Formulation of hypotheses/ speculations
- Association of pictures / metaphors
- Tell a fairy tale on the subject
- Give a comment from your point of view

Reflexion:

Protagonist reflects on the process and what he gained for himself, which mode did he/she find the most useful?

Also participants can have their round with similar sub questions.